

# WESTWOOD'S BUCKLEY BUGLE

To our Dear Westwood Family – I hope you are well. We hope you are looking forward to a safe and sunny half term! We have had a busy time at school since our Easter return and we have lots to look forward to going into the last half term of Summer. We say 'Hwyl Fawr' to Mrs Farrer as she goes on her maternity leave. We will hopefully have news soon of her new arrival. Miss Bennett will take full charge of Class 8 from June 7th.

As you know, there have been relaxing of Welsh Government Covid 19 restrictions recently and more on the cards. However as a school, all of our Covid and Health & Safety arrangements <u>remain in place to keep our school safe!</u> All bubble times for the start and end of the day remain after the half term. With the new variant, <u>Covid 19 is still a threat so we all need to remain vigilant to keep our school open.</u> We are doing everything in our capacity to keep us all safe; we ask you to support us as you have, <u>as we do not want to close bubbles.</u> Please refer to the Parent's handbook for details of our safety measures. Please stay safe:)

Our outdoor area is still undergoing a transformation, as the rain slowed down the progress being made. The new Outdoor Classroom is still being erected, which should be completed soon. The Nursery and Reception areas are also undergoing a make over to enhance the outdoor learning experiences. I would like to thank Mr David Hughes, a local Handyman who has brought the vision for Nursery and Reception outdoor areas to life! Also thank you to all the parents and staff who have supported us and contributed to our outdoor work. Any donations for the outdoor areas and offers of help will always be gratefully received!

In this month's Buckley Bugle, we have some reminders and some new pupil features too! Our amazing children are sharing their news and this will be a regular addition to our correspondence with you! Please check out pages 2 to 15 as the children who have constructed these news items have worked incredibly hard and I know you will enjoy reading their work! I am very proud of you all!

I would like to direct you to our Instagram page and You Tube Channel, as each week I post a weekly assembly for the children. Unfortunately, I cannot post it on Seesaw nor the website as it is a bit too long, but I would love to share all the fantastic things your child is involved in outside school, as well as celebrate the achievement of our children in school too. We have lots of regular followers and contributors, and we would love to have your contributions too! Just send these into the office. Parents and Carers please check us out on <a href="https://www.youtube.com/channel/UCEA5K7BE84zf1LFtp9chDMA">https://www.youtube.com/channel/UCEA5K7BE84zf1LFtp9chDMA</a> and on <a href="https://www.instagram.com/ww\_buckley/">https://www.instagram.com/ww\_buckley/</a> Please keep checking your emails and staying in touch with us. If you need anything, contact the office on wwmail@hwbcymru.net or call 01244 543207.

A huge thank you to my amazing staff for their hard work since our return. I am lucky to have such a hard working and dedicated team supporting our Westwood family. I wish them and you a safe and restful half term. We will see you all back on Monday 7th June at your normal bubble times!

Please stay safe our Westwood Family! Mrs Williams & Team Westwood:)

# **Pupil Voice and Newsround up!**

The pupil voice is strong at Westwood; our children champion their learning experiences and rightly so! Therefore I feel this should also be reflected in our newsletters and correspondence to our Westwood Family. A regular feature of our Monthly Newsletter will be articles and news stories from our children, giving you a special insight and window into their world at Westwood – Well done to all of our reporters this month and thank you for your amazing contributions! Enjoy your read!!

## Class 6 go to Mars!

Year 3 have been busy writing a newspaper for when human first step foot on Mars in the future. We acted out the moment they heard the news in NASA Headquarters in Buckley. We had fun making our own headsets to talk to the astronauts on Mars. Please scan the QR code to see more of the fun we had in Class 6!



Now go to the next page to read all about it from Isabelle!

# **Buckley Cloud News**

Price: £2.50 Date: Saturday 15th May 2041

# Women and Animal on Mars!



After the exciting launch, the astronauts finally reached space and saw many amazing things such as planets, asteroids and comets. When Izzy was controlling the rocket, Seren and Melissa took photos of planets and sent them back to N.A.S.A. space station. Lily was sniffing the floor of the rocket and was playing with her ball.

View of Mars

On Friday 14th May astronauts Izzy, Seren, Mellissa Rose and a dog named Lily are the first humans and animal to go to Mars. They went in a rocket called 'The Red Comet 21' from a N.A.S.A. space station in Buckley, North Wales hoping to find life on Mars.

At N.A.S.A. space station in Buckley, the rocket called the 'Red Comet' was getting ready to launch. Thousands of lucky television viewers watched in amazement as the rocket launched off to Mars with the astronauts and Lily barking in excitement, thanks to the space team and the scientists.

After a long journey through space and a successful landing, the astronauts finally reached Mars. As the astronauts climbed out of the rocket, Izzy reported back to N.A.S.A. saying, "Space is something we cannot replace."

When the astronauts got out of the rocket they played with Lily and set up experiments, they are planning to collect some Mars rock, play tennis and plant the Welsh flag.

They are coming back in a week's time and will be remembered in history for being the first humans and animal on Mars.

By Isabelle W Year 3

## Reception May News Letter





## Leo D

"We made the plants grow today. I needed the sticks to tie them up and then I watered them. Riley wanted to help, so I told him what he had to do. I had to some digging and then watering. The planting made me feel happy. I've never done planting before. I planted some flowers." A very kind neighbour to our school was passing and saw our area outside. He stopped to chat with Mrs Ducker and offered Reception some flowers for planting. We are so thankful to our kind friend.

We have started to further develop our outside area for the children. As you will have seen when visiting the yard, we have two new pieces of equipment. Our thanks go to Mr D Hughes who has worked hard to make the pieces for us.

Ruby is enjoying reading the books in our new reading den.



"The new reading area stops us from getting wet from the rain. I hate the rain. I like it because we get to read and relax without getting wet". Ruby

Our children in Reception; Bella, Alicia and Seren are enjoying our new den for Dots.



"We are relaxing. I feel so comfortable." Seren

We are playing the music and when it stops we have to put our finger on our nose." Bella

"You have to shake and then you have to freeze. Then you say what you feel inside your body." Alicia

What a happy place for our Reception children?!:)

## **Nursery news**



Can we say a huge thank you to Willow's mum (Ms Wolstenholme) and Willow for the fantastic mud kitchen and theatre they have made for our outside area. The children have enjoyed using them both and it as enhanced their learning experiences.

Also Willow has completed a run 'Run to infinity' around Wepre park. She ran in rain and sunshine to raise money for the Nursery Outdoor area. Can we say a big well done and we are so proud of her. Thank you!

Mrs Ryan, her Nursery Team and Team Westwood:)

# Nursery and Early Entitlement

This week Little acorns and Nursery have been learning all about our Ten Town friend 'Thelma Three'. Thelma three sometimes makes bad choices but with the help of PC Maz she is starting to make good choices.

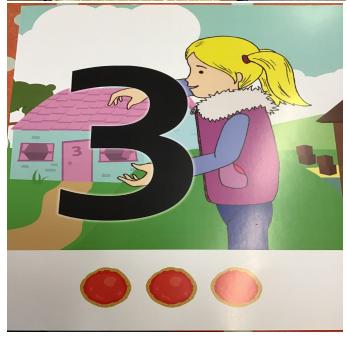
For instance, she took three jam tarts from King One but after having a little think, she decided to make a better choice and give them back!

The children have had a great week, making 3 jam parts from playdough, thinking about good choices that they make, practising to write the number 3 and even eating jam tarts for snack!!! They were delicious and went down a treat!









# WESTWOOD'S WEEDY WEDNESDAY

In the recent weeks at Westwood, a team of workers have been working extremely hard to expand our forest school area by creating a suitable pathway. Unfortunately, the weather recently has given chance for weeds to grow all over the forest school, and in addition to this, trees have fallen everywhere and made a mess!



Luckily, Class 10 and Mrs. Brown were up to the task of cleaning the weeds and tidying up forest school. Fortunately, they were accompanied by Miss Mattar and Class 9. Before they began to work Mrs. Brown gave the students a health and safety talk and shown the students how to use the gardening tools, they worked very well using spades, shovels and gardening forks. Whilst they were digging up the weeds, they encountered some of natures' finest. They found several minibeasts hidden in the muddy forest, some that were completely new creatures to the children. Class 10 were determined to vanquish the weeds and repair their forest school floor.

Classes 9 and 10 successfully cleaned up the weeds but other classes will need to help keep the field clean. Class 10 teacher Mrs. Brown said, "To keep our field clean everybody will need to play a part". Class 10 students really enjoyed cleaning the field and would like to lead the way for other classes to clean our school fields and help stop littering.



# Westwood's Weedy Wednesday

On Wednesday 27<sup>th</sup> May 2021 Class 10 were informed that their forest area was covered in weeds and they were determined that they would no longer be there.

They discovered multiple different weeds such as dandelions, thorns and nettles.

The class separated into different groups made up of 2, 3 and 4 pupils maximum to dig different weeds up. Before the children were allowed to use their gardening tools, Class 10 had to have a safety talk about how they needed to walk with gardening forks at their sides and that they weren't allowed to point them at anyone.

In no time Class 10 were raring to go!

The children used multiple garden tools such as trowels, shovels and gardening forks. Their beautiful forest pathway was destroyed because the children hadn't visited it in a while, because of the wet weather. The children had a restricted area to dig as a storm hit days before, they had to make sure that they didn't dig up any tree roots, they didn't want anymore damaged trees!

As soon as they got to work Class 10 put on their gloves and started digging, 1 1 year old Kelsha stated "Today in fought one of my biggest fears by not flinching at any creepy crawlies, it was very fun I enjoy making the eco world a safer place!"

In total Class 10 filled 4 recycling bags full of weeds and litter and emptied them into the garden waste bin and put the bags back in the classroom for when they next go weeding. Once Class 10 returned to their classroom they took off their muddy shoes and were rewarded with some biscuits.

By Kelsha. F and Edith. D Year 6

# Weedy Wednesday



A few weeks ago, a team of people came to our school to create a path in our new forest school. unfortunately, trees started to fall and blocked the path. Then, the weeds started to grow and got covered in them. Luckily class 10 came to the rescue!

On Wednesday, Class 10 decided to dedicate their afternoon to clean the forest school up by removing the weeds out the ground. Before they went outside, they had a safety talk about the equipment they will be using. They all had the responsibility to look after the gardening tools they were given. They used gardening forks, shovels and they wore gloves.

As they were going outside, they were shocked at how much forest school was overgrown. The children started to remove the weeds, as they were doing it, they came across insects such as worms, centipedes, snails and more. When they came to the end, they had 3 full big bags of garden waste.

A student in class 10 Freya quoted "I really enjoyed today because it was an opportunity to go outdoors and enjoy the nature."

Class 10 didn't just see this as an opportunity to clean up their forest school, but to work as a team to clean up the area that the whole school would be using.

By Freya, year 6.

# **WESTWOOD WEEDY WEDNESDAY!**

A few weeks ago, a team of people came to our school to create a path in our new forest school. Unfortunately, when the winds came trees started to fall over and blocked the path which was also covered in weeds. Luckily, class 10 came to the rescue. On Wednesday, Class 10 decided to dedicate their afternoon to clean it up by removing the weeds out the ground.

Before they went outside, they had a safety talk about the equipment they will be using. They all had the responsibility to look after the gardening tools they were given. They used gardening forks, shovels and they wore gloves to protect themselves from nettles. They spent the whole afternoon out there with the help of Class 9 as well. They couldn't remove the weeds from near the trees because it would have damaged the roots.

Mrs. Brown said, "that the students from different classes should come out to forest school and do more activities, so the weeds don't grow back".

During the activity a lot of the students started to work in partners to help the job get done and it was a good team building exercise. In total Class 10 filled up four recycling bags filled with dandelions, weeds and rubbish.

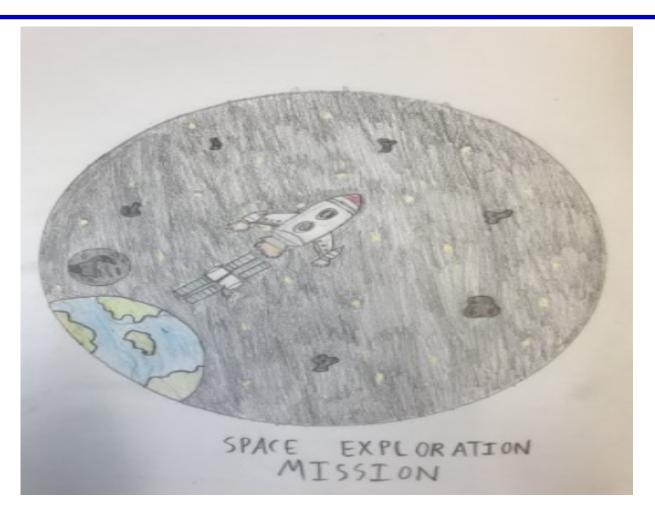


# CLASS 10 SPACE PATCH

A couple weeks ago Class 10 in Westwood primary school made their own space patch, and the two winning designs would be ironed on a shirt and then would get to take the shirt home with them. The people that won the competition were Bobbie C and Georgia W because they both came up with a good name and drew a good patch. The whole class decided who won together so it was a fair vote.



This is Georgia's patch; she has drawn a picture of someone holding the sun or planet in Space with bright colors and surrounded by stars. The name of the patch is 'Galaxy Wiz' and is very creative. Also, it looks like she has put a lot of effort into it and wow it paid off. \*



This is Bobbie's. He has drawn a rocket shooting from the earth and a satellite orbiting it. The name of it is 'Space Exploration Mission' and I think that it's very creative! In the background there is the moon orbiting the earth and some meteors flying round the atmosphere.

So over all they are both look very good and have their own special qualities that make them amazing, so they both deserve to win the competition.

Written by Bev Class 10 Year 6.

#### **Westwood Family Wellbeing Monthly Feature**

A regular feature to our Buckley Bugle is a focus our Westwood Family Wellbeing. During this last lockdown, it has become clearer to us a school, that we are all feeling it tougher this year. Many of us are feeling isolated, anxious and scared. As we gradually ease out of lockdown, it is important to keep ourselves safe and well! There are many ways to do this for a healthy body and mind.

#### **Wellbeing Help for our Westwood Family**

Please find below external support and useful information for wellbeing and mental health in the links below: this ranges from simple videos, strategies and activities, to having the opportunity to speak to someone about the help you may need. I hope you find this useful. ©

#### Activate your life

Free online self-help course from Public Health Wales (PHW). Provides four videos with accompanying guidance

ACT1 – You are not your mind.

ACT2- Facing up to life.

ACT3 – Being mindful.

ACT4 - Living wisely Living well.

https://phw.nhs.wales/services-and-teams/activate-your-life/

#### Public Health Wales: How are you doing?

This is an uncertain time for us all, but have you stopped to ask yourself how you are doing?

This is a continually updated resource offering advice on looking after yourself and loved ones. It includes a video and links to other relevant topics.

https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/how-are-you-doing/

#### Mind

If you are living with a mental health problem, or supporting someone who is, Mind will have access to a range of information and local support

https://www.mind.org.uk/about-us/mind-cymru/

#### **Young Minds**

An association who want to see a world where no young person feels alone with their mental health, and all young people get the mental health support they need, when they need it, no matter what.

 $\underline{https://youngminds.org.uk/?gclid=EAIaIQobChMIor6jupD27gIVTdiyChoqngrAEAAYASAAEgLX4vD\_BwE}$ 

#### **BBC Headroom**

As the BBC explains, "We know we can't solve all your troubles, but we can give you tools to help. Whether it is everyday tips, sounds to relax your mind, strategies to cope with parenting right now or films to get you talking, we are here to help you look after yourself and your loved ones."

https://www.bbc.co.uk/programmes/articles/YfRzhXDKSZQxFVn3oTlXBj/your-mental-health-toolkit?xtor=SEC-1-[GOO]-[120352182200]-[498771471000]-S-[mental%20health%20advice]

Don't forget to look at our Westwood website too <a href="http://www.westwoodprimary.co.uk/page/covid-19-wellbeing-resources/67453">http://www.westwoodprimary.co.uk/page/covid-19-wellbeing-resources/67453</a>

Whatever your situation, please get in touch - even if you just want a chat—we are here to help you.

Take care and stay safe our Westwood family:)

#### **Healthy Schools; Healthy Life!**

To help us to have a healthy mind, a healthy body plays an important role. We would like to take the opportunity to share with our Westwood Family that we are a **Healthy School**. We have been awarded 4 phases of the Healthy Schools Award and are working towards phase 5. The award is Welsh Assembly Government accredited and the purpose of the award is to ensure that health promotion becomes an integrated part of the school curriculum, the organisation and the ethos of the school.

A healthy school is a happy school. An effective school is a healthy school. At Westwood we promote physical, mental and emotional health and well being. Also, we hope the work carried out will enable our school to improve both the quality of teaching and learning and to enhance relationships between the school, its pupils, parents, staff, governors and external agencies. In line with the new curriculum, we are also currently updating our Food and Fitness policy, within a new policy for school under a new title of 'Health and Wellbeing'. The children will have input into this important policy through the work of the pupil cabinet and their classroom voice, alongside their important P.S.E. work into the rights of the UN Convention On The Rights Of The Child.

#### Food brought into school

At this time, we encourage our children to bring their own healthy snack; please ensure this has their name on. We also encourage **healthy food choices** to be brought in as part of pupils' packed lunches.



If you need some new ideas for a healthy lunch box, please see the links below.

https://www.nhs.uk/change4life/recipes/healthier-lunchboxes

https://gov.wales/sites/default/files/publications/2019-02/healthy-lunchboxes-leaflet.pdf

We would also like to remind you that **Westwood is a nut free school.** Please be aware when packing lunches.

Pupil's are advised to bring a named water bottle to school on a daily basis. This helps them to concentrate throughout the day. We will also provide the children water throughout the school day.

Diolch:)

# Reminders - <u>Use of Social Media Platforms and Age Appropriate</u> Material

During lockdown, many children may have increased their usage of Social media, online gaming and access of films. Unfortunately, not all of these platforms are appropriate for their age.

Whilst we know that our parents our incredibly vigilant, social media changes rapidly and new platforms are popping up, making it more difficult to keep a close watch on activity. As a parent it's also important you know that all social networking platforms (or social networking apps, if on a smartphone) have age limits. Some social networks use technologies that may not be right for some ages or engage with communities that are made up of people much older than your child.

Click on the link below to find out more about the age limits.

https://www.internetmatters.org/resources/what-age-can-my-child-start-social-networking/

## So what are the risks of using an underage social networking account?

There are many risks when your child uses an unsupervised account or makes an account on a social network site that is not age appropriate. So what are the risks of an underage social networking account?

- Many sites include an instant message function that allows private conversations between site members.
- Most social networking sites have an app version available, meaning your child will have access to the social network from their smartphone or tablet. Some app versions of social networks use the location of the phone.
- Information shared between friends can be easily copied and may spread.
- It isn't easy to take back information that has been posted and can be impossible if it's already been shared.
- Not everyone your child meets online will be who they say they are. Chatrooms and forums can connect people who are complete strangers and can be unmoderated.
- Chatrooms and forums are some of the places online groomers go to connect with children. This is sometimes done through video chat programs. They can also be places where people use a lot of inappropriate language and engage in online activities with people who may be a lot older Or not who they say they are.

#### Top social networks for kids

If your child is eager to start tweeting, posting or sharing but they struggle to find a network that is suitable for their age, then there are a number of alternative social networks made for children that you can point them to.

These offer child-friendly features like games and contests but also give you a chance to use them as teaching tool to get them sharing safely.

Ultimately, these social networks give children a safer environment where they can share their experiences and engage with friends they know.

Here are some <u>age-appropriate social media apps</u> for younger kids that you may find useful. For further details about these apps, just click on links:)

<u>6-10 Years</u> Spotlite (formerly Kudos)

PlayKids Talk

GoBubble

Kidzworld: Chat Room & Forums

Grom Social

11-13 Years

<u>PopJam</u>







#### Age Appropriate Material

It is also important to bear in mind the access your child may have or see with regards to online platforms, games, television programmes and films; again most will have age related guidance. This includes the use of YouTube.

We have had some very young learners discuss films they have watched, graphics on games they may have seen or programmes they have watched which are not suitable for children.

Please ensure if your child has older siblings or may be able to access this material themselves, that you can check your parental controls. Furthermore, it is important to keep their environment safe and ensure any content they have access to is suitable for their age.

Thank you for your support and working together with us, to keep our children safe.

Team Westwood:)



WHO HAVE ATTENDED THE GROUP

THE GROUP NO JUDGING OPEN

AND HONEST CARING GROUP LEARNING MORE ABOUT



# Being a Parent

# Group

HELPING THE KIDS WITH THEIR
FEELINGS - ITS INVALUABLE. Have you felt isolated during lockdown?

Has your children's behaviour changed?

Do you have a child between the ages of 2 to 11 years?

We may have the group for you....

Join our free virtual group run by fully trained local parents

An opportunity to meet other parents going through similar experiences

Practical support for the day to day challenges of being a parent Share ideas with other parents

Some of the topics we cover over 8 sessions

Play

Feelings

Being a parent

Understanding children's behaviour

THURSDAY 12.30 - 2.30PM STARTING 20TH MAY

FRIDAY 9.30 - 11.30AM STARTING 21TH MAY

CONTACT EMMA FOR MORE INFORMATION 07584 533111 FLINTSHIRE.EPEC@FLINTSHIRE.GOV.UK

#### **Community News**



## Family Information Flintshire / Gwybodaeth i Deuluoedd Sir y **Fflint**

Do you have children? Are you struggling? If you don't know where to turn, EARLY HELP HUB is here for you.

Oes gennych chi blant? Ydych chi'n cael trafferth? Os nad ydych yn gwybod ble i droi, mae HWB CYMORTH CYNAR yma i chi.

## Do you have children? Are you struggling?

If you don't know where to turn, EARLY HELP HUB is here for you



EarlyHelpHub Enquiries@flintshire.gov-uk

Single point of contact for you to ring/email for advice and support with

- Parenting
- Education
- Finances/Debt
- · Housing · Mental Health
- Family Relationships
- Health and Wellbeing in the Community



## Oes gennych chi blant? Ydych chi'n cael trafferth?

Os nad ydych yn gwybod ble i droi, mae HWB CYMORTH CYNNAR yma i chi



EarlyHelpHub Enquiries@flintshire.gov.uk

Un pwynt cyswllt i chi ffonio/e-bost i gael cymorth a chyngor gyda

- Magu Plant
- Addysg
- · Cyllid/Dyled
- lechyd Meddwl
- · Perthynas Deuluol
- lechyd a Lles yn y Gymuned



**HWB CYMORTH CYNNAR** 

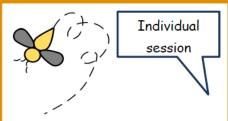
EWROO GWASANAETHAU CYHOEDDUS SIR Y FFLINT



An ELSA is a specialist teaching assistant with a wealth of experience of working with children. ELSAs are trained and regularly supervised by the Educational Psychologists in your Local education authority. An ELSA is a warm and caring person who wants to help your child feel happy in school and to reach their potential educationally. Their aim is to remove the barriers to learning and to have happy children in school and at home.

Please do talk to the ELSA in your school if you have any problems with your child.





The ELSA will plan their sessions for your child very carefully. The session consists of several parts.

This is an opportunity to talk about feelings,

#### Main activity

The ELSA will plan the activity to a learning objective. Something your child will be able to do at the end of the session that they cannot do now. This is usually a 'I can ' statement such as 'I can tell you about my strengths' (A self-esteem objective). The ELSA will encourage your child to tell you about their talents or personal characteristics such as 'kind', 'caring', 'helpful' or 'brave'. The child will then make something to reinforce those strengths.

#### Relaxation

Your child will be taught a relaxation exercise to help get them ready to go back to class

Your child will now be able to answer the question 'I can tell you about my strengths'



# ELSAs can help

Loss and bereavement

Self-esteem

Social skills

**Emotions** 

Friendship issues

Relationships

Anger management

Behaviour

Anxiety

Bullying

Conflict

Relaxation techniques



#### Group session

The ELSA will plan their sessions for your child very carefully. The session consists of several parts, the first two parts consists of a circle-time where children sit in a circle and take turns to speak.

#### Emotional check in

This is an opportunity to talk about feelings,

#### Warm up activity

A fun game or activity to help relax your child.

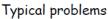
#### Main activity

This is similar to the individual session but your child will be encouraged to work with other children. This helps with co-operation, social skills, friendship and gives a sense of belonging. A learning objective will be set for the group of children which they will all be able to answer at the end of the session.

Your child will be taught a relaxation exercise to help get them ready to go back to class









# A very angry child

The ELSA will take the child through an anger management intervention to help them recognise their anger triggers, techniques to avoid those triggers and calming down techniques.

## A loved pet has died

ELSAs are trained in bereavement and understand that the loss of a pet is probably the first experience of death for your child. They will work with your child to help them feel supported in school.



## ELSA at Westwood

#### What is an ELSA?

An ELSA is a specialist teaching assistant with a wealth of experience of working with children. ELSAs are trained and regularly supervised by the Educational Psychologists in your Local education authority. An ELSA is a warm and caring person who wants to help your child feel happy in school and to reach their potential educationally. Their aim is to remove the barriers to learning and to have happy children in school and at home. ELSAs work with a child on a one to one basis.

We are lucky to have Miss Clubb at ELSA who is ELSA trained at Westwood. We know that many children will benefit from working with her and the ELSA programme.



## Asda Grants help our Outdoor Area!

A huge thank you to Asda who have provided Westwood with a grant for the Outdoor Area. This time we were able to purchase gardening equipment, bug houses, tools, seed trays and seeds.

Thank you to Mrs W and Iris for collecting our wonderful donations at the local Asda store. We have some very happy children discovering the joy of gardening and enjoying their 'Welly Wednesdays' even more!





# Westwood Community Primary School Parent Teacher Friends Association

Tabernacle Street, Buckley, CH7 2JT

Registered Charity No. 1150830 <a href="mailto:contact@westwoodpta.com">contact@westwoodpta.com</a>

Dear Parents and Carers,

### Steep Smarties Challenge

We've given you these Smarties to eat, but the empty tube you must keep. Fill the tube with coins to earn, by doing jobs at home during half term!

Please return your tubes to your teacher on

Monday 7<sup>th</sup> June. The class which raises the most

money will earn a special treat...

Have a very happy and helpful half term!

Many thanks for your continued support.

#### Westwood P.T.F.A.

P.S. Don't worry if you were away when the Smarties were given out - we have yours safely in school, so you won't miss out. You can bring yours back by the 14th June!



#### Welcome to our KiVa School!

KiVa is an innovative school-based antibullying program which has been developed using cutting-edge research on bullying and its mechanisms. Westwood has been a KiVa school for the last 5 years and its systems are embedded here.

KiVa is an evidence-based program to prevent bullying and to tackle the cases of bullying effectively. **KiVa helps our children to recognise the difference between conflict, unkindness and bullying.** We have two senior staff members who deliver the Kiva programme to our children, and our staff are trained in the philosophy of KiVa; the promotion of respect and kindness.

Mrs Anne Mattar and Mrs Alison Hawkins have produced a Parents and Stakeholders presentation guide to KiVa so you too can see how the programme works, familiarise yourself with the **correct terminology** and help your child in the KiVa way. Please scan the QR code below to see the short presentation or click on the weblink below. Thank you to Mrs M and Mrs H for sharing your expertise!



Morays remember you matter, you're important and you are loved, and you bring to this world



Things no one else con."

Charlie: Mackey

