



Education & Youth

Relationships & Sexuality Education (RSE) Policy 2023

Version	1
Policy owner for review	Health and Wellbeing lead and ALNCo

School	Westwood CP School
Review frequency	2 years
Review date	This policy will be reviewed every 2 years by the head teacher, staff and governors, or if any amendments occur in legislation or in consideration of changes in working practices which may stem from incidents or allegations.

1. Statement by the Governing Body

By adopting this policy, the governing body of Westwood CP school recognises its responsibility for ensuring the policy is implemented effectively, that Relationships and Sexuality Education (RSE) is adequately resourced, staffed and delivered using a cross-curricular approach and ensures that the school fulfils its legal obligations.

This policy will be reviewed by the governing body on a 2 yearly basis to ensure the policy is in alignment with the latest Welsh Government guidance and statutory regulations.

2. Introduction

RSE has a positive and empowering role in learners' education and plays a vital role in supporting learners to form and maintain a range of relationships, all based on mutual

trust and respect which is the foundation of RSE. These relationships are critical to the development of emotional well-being, resilience and empathy. An understanding of sexuality with an emphasis on rights, health, equality and equity empowers learners to understand themselves, take responsibility for their own decisions and behaviours, and form relationships that are fully inclusive, reflecting diversity and promoting respect.

The Welsh Government RSE Code contains the mandatory requirements. The teaching and learning within our whole school RSE programme encompass the mandatory elements outlined within the Code.

Our school has therefore planned and developed a comprehensive, inclusive, developmentally appropriate whole school teaching and learning programme for RSE which conforms with the Code. This policy details our whole school approach to RSE.

Our RSE will support learners to develop the knowledge, skills and values to understand how relationships and sexuality shape their own lives and the lives of others. Learners will be equipped and empowered to seek support on issues relating to RSE and to advocate for themselves and others.

The school will ensure that RSE is embedded in the school's values, rights and moral framework e.g. by showing respect for all learners, staff and the wider community, by celebrating differences, building healthy relationships and inclusion of sexual diversity.

This policy encompasses the school's approach to RSE. It has been approved by the Senior Management Team through consultation with staff, governors, parents and learners.

This policy is in alignment with the latest Guidance from Welsh Government:

- [Curriculum for Wales Guidance](#)
- [The Curriculum for Wales – RSE Code, 2022](#)
- [Keeping Learners Safe](#)

UK Government:

- [Equality Act 2010](#)

This policy is created in conjunction with other policies, including: Safeguarding and Online Safety.

3. Right to Withdraw

RSE is a mandatory requirement in the Curriculum for Wales 2022 for all learners from age 3 to 16 years, and there is no parental right to withdraw learners from any part of RSE.

4. Curriculum Design

Our RSE curriculum will be taught through cross-curricular themes and it will be interlinked within all Areas of Learning and Experience as appropriate. This will allow learners to make connections between their learning in RSE and the wider curriculum, understanding historical, cultural, geographic, physical, political, social and technological perspectives and influences on RSE issues

